PROVERBS EDITION

The DRINK Devotional Method

A foundational guide with
31 daily devotions | KJV



Edmon Agron

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The foundational guide
with 31 daily Proverbs devotions

King James Version

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REVISED EDITION 2026

The DRINK Devotional Method

Proverbs Edition

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Scripture quotations are from the King James Version (KJV). Biblical text is distinguished from the author's explanations, applications, and prayers.

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Wisdom Refill offers additional lessons from each chapter. Life Snapshots illustrate everyday applications through narrative, dialogue, and letters. Their first-person voices should not all be read as autobiographical testimony.

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“In the last day, that great day of the feast, Jesus stood and cried, saying, If any man thirst, let him come unto me, and drink.”

John 7:37 (KJV)

The DRINK Pattern

D Devotional Reading

Read the passage carefully and notice what it says.

R Reflection

Consider its meaning in context and what it reveals.

I Instruction

Identify the truth to believe and the conduct to follow.

N Now Live It

Choose a practical response and decide when to begin.

K Kneel in Prayer

Bring your understanding and intended obedience before the Lord.

Preface

I still remember the salt of the Red Sea on my lips the day I was baptized off Jeddah in 2018. It was a joyful milestone, coming years after the Lord first saved me. Yet, even with a sincere desire to walk with Christ, there were seasons when my devotional life became hurried and shallow. I would read the Bible, nod in agreement, and hurry on—unchanged. I needed to linger over Scripture and meet the Lord with intention.

That desire led me to write this book. I didn't set out to create a "method." I simply longed for a daily pattern to help me read the Word, reflect on it, take hold of its instruction, act on it, and pray it back to the Lord. Over time, that pattern took a simple shape I could remember and share: DRINK—Devotional Reading, Reflection, Instruction, Now Live It, Kneel in Prayer. It started as a personal lifeline. Later, I saw it help friends, family, and small groups give Scripture careful attention and live by it.

I write as an ordinary brother in Christ whom God has patiently taught through His Word, the local church, and everyday obedience. I serve with my family at MBBE Dammam, and in my work life, I organize complex information and build simple systems. That background has shaped how I approach devotional life: take what feels complicated and make it usable so we can actually live by it.

Who is this book for? If you're new in the faith and unsure how to start daily devotions, welcome. If you've walked with Christ for years but long for renewed consistency and application, welcome. If you lead a family altar or small group and need something practical and repeatable, welcome. And if you've ever felt that your Bible reading stops at the eyes and never reaches the heart or the hands—this journey is for you.

What to expect: This is not a theology textbook or a commentary. It's a 31-day path through Proverbs using the DRINK pattern to make wisdom tangible—one day at a time. Proverbs speaks to our choices, words, work, money,

friendships, temptations, and character. Each day, you'll read a full chapter from the KJV, then move through Reflection, Instruction, a simple "Now Live It" action, and a closing prayer. The aim isn't to finish a page; it's to be formed by God's Word.

How this book came together: For years, I journaled through Scripture using DRINK—testing, adjusting, and sharing templates with friends. I returned repeatedly to Proverbs using DRINK—reading slowly, praying the text, and carrying one clear step into the day—and refined the guiding questions and practical actions so they're simple enough for busy days, yet strong enough to shape real obedience. I sought counsel from pastors and fellow believers, and I watched the Lord use this rhythm in homes and ministry settings. The result is a practical pattern that helps me return to the Bible each day. That path is guided by two convictions that guide every part of this book.

First, growing as a Christian is personal: no one can seek God on our behalf. Each of us must open the Word, listen, and obey. Second, growth requires discipline: like training the body, the soul is strengthened by steady practices—reading, meditating, praying, and doing what the Lord says. Methods can help, but Jesus Christ—our living Lord and the Living Word—is the One who changes us.

I'm grateful to the Lord Jesus Christ for His saving grace and patient guidance. I thank my wife, Revelyn, and our daughters, Alliah Yasmine and Amythyst Caitlyn, for walking this road with me; my MBBE family for their encouragement; and our pastors and preachers for their example and counsel. Any good from this work is by His grace.

My prayer is simple: that these pages would lead us to linger with God's wisdom and live by it today. Open the Scriptures. Take a DRINK. May our walk together through Proverbs build in you a life of humility, consistency, and joy.

—Edmon Agron

How to Use This Book

Begin with Part One. The Heart Behind DRINK explains the spiritual purpose of the method, and Understanding the DRINK Method teaches each step through Scripture, practical instructions, guide questions, examples, and common pitfalls. Give these chapters the time they need before beginning the daily course.

Part Two follows all 31 chapters of Proverbs. Read the complete KJV chapter under D before considering the guided Reflection, Instruction, Now Live It, and Kneel in Prayer sections. Write your own observations and questions as you read.

Wisdom Refill draws out five additional lessons from the chapter. These lessons broaden the study beyond the main devotional theme and offer further practical responses. Life Snapshot then illustrates how the chapter's instruction may meet ordinary decisions, conversations, work, family responsibilities, and moments of temptation.

Use the Making It Your Own page to write your personal DRINK devotion. Copy a key verse accurately, summarize the meaning in context, identify the instruction, choose a response, and pray. Keep a separate notebook when you need more writing space.

You may complete one chapter per day or take longer. The aim is careful understanding and faithful response. Review your commitments, return to difficult questions, and seek help from a trustworthy pastor or teacher when needed. Part Three provides guidance for personal study, small groups, family devotions, worksheets, and continued reading through the whole Bible.

PART ONE

The Foundation of DRINK

Learn why the method matters and how to practice each step.

The Heart Behind DRINK

When the Word Becomes Our Walk

Every generation of Christians has faced the same challenge: how do we not only read the Word of God but also let it shape our hearts, our habits, and our daily walk?

The Bible is clear that God's Word is more than ink on paper. It is life, light, and nourishment for the soul. Jesus said, "If any man thirst, let him come unto me, and drink" (John 7:37, KJV). The image is powerful: we are invited to come to Christ, the Living Water, and be refreshed and renewed by Him as we take in His Word. Yet many of us know the experience of taking small sips from the well of Scripture without ever drinking enough to be changed.

This longing—for truly satisfying nourishment from God's Word—is what brings us to the heart of DRINK. Before we explore the method itself, we need to recognize the spiritual hunger that brings us to Scripture. We seek understanding so that we may know Christ and live by His Word.

That is the heart behind DRINK. It is not merely a set of steps but a call to linger with the Lord. The method—Devotional Reading, Reflection, Instruction, Now Live It, Kneel in Prayer—is simply a path to help us slow down and engage. Its true aim is not completion but communion: to meet Christ in His Word and carry His wisdom into our day.

Why begin a book of devotions with this emphasis? Because the danger in any method is mistaking the tool for the treasure.

DRINK is useful only as it helps us come to the feet of Jesus. What matters most is not that we finish a page but that we open our hearts.

"DRINK is useful only as it helps us come to the feet of Jesus. What matters most is not that we finish a page but that we open our hearts."

Consider how the Bible itself describes the role of God's Word:

- **It is food:** "As newborn babes, desire the sincere milk of the word, that ye may grow thereby" (1 Peter 2:2).
- **It is light:** "Thy word is a lamp unto my feet, and a light unto my path" (Psalm 119:105).
- **It is a sword:** "the sword of the Spirit, which is the word of God" (Ephesians 6:17).
- **It is water:** "That he might sanctify and cleanse it with the washing of water by the word" (Ephesians 5:26). Each of these pictures reminds us that God's Word is meant to sustain, guide, protect, and purify us. But for that to happen, we must not only open our Bibles—we must open ourselves.

This is why DRINK exists. It is a daily invitation to do three things:

- **Slow down—** because rushing keeps us on the surface (Psalm 46:10; Mark 6:31; Psalm 119:15; Isaiah 30:15).
- **Listen carefully—** because God still speaks through His Word today (Romans 10:17; Hebrews 3:7–8; 2 Timothy 3:16; John 10:27).
- **Respond in obedience—** because wisdom is proven not in hearing only but in doing (James 1:22; Matthew 7:24; Luke 11:28; John 14:15). As we walk together through Proverbs, my prayer is that we will not only admire wisdom from afar but embody it in our words, choices, and character. This journey is not about mastering a method but being mastered by the Word of God.

The heart behind DRINK is simple: that we might thirst for Christ, drink to the full from His Word, and live each day in the power of His wisdom.

"God's Word is meant to sustain, guide, protect, and purify us. But for that to happen, we must not only open our Bibles—we must open ourselves."

Come to the Well

At the well in Samaria, Jesus extended one of the most powerful invitations ever spoken. A weary woman came seeking water for her body, but Jesus pointed her to the water her soul had been longing for:

"Whosoever drinketh of this water shall thirst again: But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life." (John 4:13–14, KJV)

This encounter perfectly illustrates the heart of DRINK. Our daily time in Scripture is an opportunity for attentive fellowship with the Lord. Like the Samaritan woman, we come with empty jars, burdens, and thirsts that the world cannot satisfy. Jesus invites us to receive living water—water that refreshes, restores, and renews from within, a continual spring that satisfies our deepest spiritual thirst.

In John 4, the Lord speaks of the everlasting life He gives. John 7:37–39 also directs us to Christ and identifies the promised provision with the Holy Ghost. DRINK takes its picture of thirst from these passages, while keeping Christ Himself central. The method helps us attend to His Word; the life and grace we need come from Him.

The DRINK method is not about following steps for their own sake—it is about coming to the well where Jesus waits, listening as He speaks through His Word, and leaving with hearts overflowing. Just as the woman left her waterpot behind and ran into the city with good news, so we are called to leave

transformed, carrying His wisdom into our words, choices, and relationships.

Every time we pause to Devotionally Read, Reflect, receive Instruction, commit to Now Live It, and Kneel in Prayer, we step into that well-side moment: thirsty, listening, and drinking fully from Christ. This is His invitation—not to sip lightly, but to drink deeply and freely.

DRINK as Defense

Life is not neutral. Every day, voices, choices, and pressures pull us in different directions. The world is full of deceptions masquerading as wisdom, diversions that drain our energy, confusions that cloud our judgment, and distractions that dull our hearts. If we are not careful, we lose sight of God's design for us to become the person He intended.

"Every time we open Scripture, we return to the well where Jesus waits—not to sip lightly, but to drink freely of the living water that truly satisfies."

This is no accident. It is the enemy's strategy. Jesus warned of the thief's destructive work: "The thief cometh not, but for to steal, and to kill, and to destroy" (John 10:10 KJV). One of his greatest tactics is to keep us spiritually dry—content with mere sips instead of the living water Jesus offers.

But God has given us His Word as both defense and guide. Proverbs warns: "There is a way which seemeth right unto a man, but the end thereof are the ways of death" (Proverbs 14:12 KJV). The shortcuts of the world may seem appealing, but they lead to emptiness and regret. Only God's wisdom can keep us on the right path.

That is why we need to DRINK. When we come daily to the Word with intention, we resist the enemy's schemes. We say no to the counterfeit waters of this world and yes to the fountain of life. As Proverbs says: "For the LORD giveth wisdom: out of his mouth cometh knowledge and understanding" (Proverbs 2:6 KJV).

And Jesus promises: “I am come that they might have life, and that they might have it more abundantly” (John 10:10 KJV). The abundant life is not found in comfort, success, or self-reliance, but in Christ alone. By drinking daily from His Word, we guard our hearts, renew our minds, and walk in the Spirit—experiencing the fullness of life He offers, empowered to live wisely, love deeply, and stand firm amid life’s challenges.

True Satisfaction

“I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst.” (John 6:35 KJV) Every heart is hungry, and every soul is thirsty. We try to fill this emptiness with achievements, possessions, relationships, or pleasures, but none of these can truly satisfy. They may bring temporary relief, but like drinking salt water, they often leave us more parched than before. The world offers many wells, but each one eventually runs dry.

“The abundant life is not found in comfort, success, or self-reliance, but in Christ alone—and we drink of it daily through His Word.”

Jesus declares Himself to be the Bread of Life—the only source who can fill the hunger of our souls and quench the thirst of our hearts. To come to Him is to find a satisfaction that does not fade when circumstances change. To believe in Him is to rest in a fullness that this world cannot take away.

When we DRINK daily from Christ through His Word, we are reminded that He alone is our portion. This truth frees us from chasing what cannot satisfy and anchors us in the One who promised, “he that cometh to me shall never hunger.”

True satisfaction is not a one-time experience but a daily journey of returning to the source of life. As we nourish ourselves on His Word, we discover a wellspring of joy, peace, and strength that sustains us through every season. The invitation is open—will we come and drink deeply, allowing Christ to fill every longing of our hearts?

The Transforming Power of the Word

"And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God." (Romans 12:2 KJV)

The world constantly pressures us to fit its mold. Its values, priorities, and definitions of success and happiness bombard us daily. If we are not careful, we can begin to think and live no differently than those who do not know Christ. This is why the Word of God is essential—it serves as our safeguard against conformity and our pathway to transformation.

True change does not come from sheer willpower or mere resolutions but from the renewal of our minds. As the Spirit applies God's Word to our hearts, He reshapes our thinking and desires. The more His truth fills us, the less room there is for the enemy's lies. Gradually, we are transformed—not just informed.

"Transformation begins when God's Word renews our minds—shaping our thoughts, guarding our hearts, and proving His perfect will in us."

Without the renewing power of Scripture, we drift back into old patterns and worldly thinking. But when we anchor ourselves in God's Word through the DRINK method—devotional reading, reflection, instruction, Now Live It, the application step, and prayer—we allow His truth to take root in us. Our conduct increasingly reflects His will—good, acceptable, and perfect.

Abiding for True Fruitfulness

"Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me." (John 15:4 KJV)

Every branch looks alive when it is freshly cut, but over time, without connection to the vine, it withers. The same is true for us. We can appear busy, productive, or even spiritual on the outside, but apart from Christ, those efforts eventually dry up.

Real fruit—the kind that glorifies God and blesses others—only flows from a life continually abiding in Him.

To abide is to remain, to dwell, to stay connected. This happens as we walk closely with Jesus through His Word and prayer. When we DRINK daily, we are not simply gathering information—we are drawing life from the Vine. His wisdom shapes our decisions, His Spirit shapes our character, and His love flows through us to others.

The secret to lasting impact is not working harder but abiding deeper. When we live in Him and let His words live in us, our lives bear fruit that remains. This is why we need to DRINK—because every day is an opportunity to remain in the Vine, letting His life flow through us for His glory.

"The secret to lasting fruit is not working harder but abiding deeper—drawing life from Christ, the true Vine."

Living Insights from Chapter One

1. **The Word Is Life.** God's Word nourishes, guides, cleanses, and defends. "Thy word is a lamp unto my feet, and a light unto my path." (Psalm 119:105, KJV)
2. **DRINK Is an Invitation.** We are called to come to Christ and drink fully, not sip lightly. "If any man thirst, let him come unto me, and drink." (John 7:37, KJV)
3. **The Enemy Distracts.** Daily DRINKing resists deceptions, diversions, and distractions. "There is a way which seemeth right unto a man, but the end thereof are the ways of death." (Proverbs 14:12, KJV)
4. **True Satisfaction.** Only Christ quenches the soul's deepest hunger and thirst. "I am the bread of life… he that believeth on me shall never thirst." (John 6:35, KJV)
5. **Transformation Through the Word.** Renewal comes as Scripture reshapes our minds and desires. "be not conformed to this world: but be ye transformed by the renewing of your mind." (Romans 12:2, KJV)

6. **Fruitfulness Through Abiding.** Lasting fruit flows from abiding in Christ, not striving in self. “Without me ye can do nothing.” (John 15:5, KJV)
7. **The Heart of DRINK.** This is communion with Christ—slow down, listen, and obey. “But be ye doers of the word, and not hearers only.” (James 1:22, KJV)
8. **Daily Posture.** Approach the Word unhurried, attentive, and responsive. “Be still, and know that I am God.” (Psalm 46:10, KJV)

Your Journaling Companion

I invite you not only to read but also to personally engage with God's Word through the DRINK Devotional Method. Each day begins with a guided devotion from a chapter in Proverbs, but that is only the beginning. The greater blessing comes when you take time to make it your own—writing your reflections, instructions, commitments, and prayers as the Lord speaks to your heart. This is where wisdom moves from the page into your life, shaping your steps day by day.

That is why we have provided space for you to write your personal DRINK devotion for every chapter:

- **D–Devotional Reading:** Write the verse or verses that stand out most to you.
- **R–Reflection:** Record the truths or lessons God impresses on your heart.
- **I–Instruction:** Note the commands, promises, or wisdom you will follow.
- **N–Now Live It:** Write a practical step you will take to apply God's Word today.
- **K–Kneel in Prayer:** Close by writing your prayer, asking the Lord for grace to live out what you have learned.

DAY 01

The Beginning of Wisdom

Proverbs 1 | King James Version

D Devotional Reading

1 The proverbs of Solomon the son of David, king of Israel;

2 To know wisdom and instruction; to perceive the words of understanding;

3 To receive the instruction of wisdom, justice, and judgment, and equity;

4 To give subtilty to the simple, to the young man knowledge and discretion.

5 A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels:

6 To understand a proverb, and the interpretation; the words of the wise, and their dark sayings.

7 The fear of the LORD is the beginning of knowledge: but fools despise wisdom and instruction.

8 My son, hear the instruction of thy father, and forsake not the law of thy mother:

9 For they shall be an ornament of grace unto thy head, and chains about thy neck.

10 My son, if sinners entice thee, consent thou not.

11 If they say, Come with us, let us lay wait for blood, let us lurk privily for the innocent without cause:

12 Let us swallow them up alive as the grave; and whole, as those that go down into the pit:

13 We shall find all precious substance, we shall fill our houses with spoil:

14 Cast in thy lot among us; let us all have one purse:

15 My son, walk not thou in the way with them; refrain thy foot from their path:

16 For their feet run to evil, and make haste to shed blood.

17 Surely in vain the net is spread in the sight of any bird.

18 And they lay wait for their own blood; they lurk privily for their own lives.

19 So are the ways of every one that is greedy of gain; which taketh away the life of the owners thereof.

20 Wisdom crieth without; she uttereth her voice in the streets:

21 She crieth in the chief place of concourse, in the openings of the gates: in the city she uttereth her words, saying,

22 How long, ye simple ones, will ye love simplicity? and the scorners delight in their scorning, and fools hate knowledge?

23 Turn you at my reproof: behold, I will pour out my spirit unto you, I will make known my words unto you.

24 Because I have called, and ye refused; I have stretched out my hand, and no man regarded;

25 But ye have set at nought all my counsel, and would none of my reproof:

26 I also will laugh at your calamity; I will mock when your fear cometh;

27 When your fear cometh as desolation, and your destruction cometh as a whirlwind; when distress and anguish cometh upon you.

28 Then shall they call upon me, but I will not answer; they shall seek me early, but they shall not find me:

29 For that they hated knowledge, and did not choose the fear of the LORD:

30 They would none of my counsel: they despised all my reproof.

31 Therefore shall they eat of the fruit of their own way, and be filled with their own devices.

32 For the turning away of the simple shall slay them, and the prosperity of fools shall destroy them.

33 But whoso hearkeneth unto me shall dwell safely, and shall be quiet from fear of evil.

R Reflection

I start where God starts: with the fear of the LORD. I don't treat God as an add-on; I revere Him as the Holy One who defines reality, truth, and goodness. When I fear the LORD, I stop pretending I know better, and I humbly receive instructions. Proverbs 1 paints two paths—enticing shortcuts of sinners and the open call of Lady Wisdom. I sense the urgency: Wisdom cries in the streets; she calls at the gates; she pleads with me to turn and live. I notice how temptation speaks with confidence —"Come with us… we shall find… we shall fill our houses" (vv. 11–13).

That chorus promises quick gain but hides the trap. Wisdom also speaks with confidence—"Turn… I will pour out my spirit… I will make known my words" (v. 23). One voice demands compromise; the other offers life. I choose to listen to the Lord. I acknowledge where I resisted counsel in the past. I confess moments when I shrugged off corrections. Today, I answer Wisdom's call. I embrace the fear of the LORD as my starting point and my steady posture. From this beginning, God grows knowledge, discernment, and courage in us.

I Instruction

Begin with the fear of the LORD—the true beginning of wisdom (Prov 9:10) and the doorway to knowledge (Prov 1:7). Hear and increase learning; attain unto wise counsels so your steps are guided by wisdom (Prov 1:5). Consent not to sinful enticements and refuse the path of those who rush to do evil (Prov 1:10, 15). Receive Wisdom's reproof and the understanding offered in her words (Prov 1:23). Heed Wisdom so that you may dwell safely and be quiet from fear of evil (Prov 1:33).

N Now Live It

Today, I will choose to begin every decision with prayer and submission to God. I will guard my steps against worldly enticements and listen carefully for the voice of wisdom found in Scripture.

K Kneel in Prayer

Heavenly Father, thank You for reminding me that the fear of the Lord is the true beginning of wisdom. Help me to walk in reverence, guard my heart from sinful enticements, and always choose the path of wisdom. May I dwell safely in Your presence and live in peace through Jesus Christ my Lord. Amen.

DAY 01 / PROVERBS 1

Wisdom Refill

Additional lessons from the chapter to consider and put into practice.

Proverbs 1:5—"Increase Learning." I choose a learner's posture. I ask questions, seek feedback, and welcome correction. Growth requires humility; I practice it by writing down what I learn each day and sharing one insight with a friend.

Proverbs 1:8–9—"Family Teaching as Grace." I honor godly instruction from parents and spiritual mentors. Their counsel adorns my life like "ornament" and "chains" that beautify character. I express gratitude today and apply one remembered lesson.

Proverbs 1:10—"Consent Not." Temptation often needs only my consent. I remove easy yeses—unsubscribe, unfollow, avoid the places and chats that nudge me toward compromise. I guard my first yes for God.

Proverbs 1:23—"Turn and Receive." Wisdom calls the hearer to turn at reproof and receive her words. I respond to correction promptly, confessing sin, apologizing when needed, and bringing my conduct into agreement with Scripture. A teachable heart is willing to receive instruction rather than defend its errors.

Proverbs 1:33—"Quiet from Fear of Evil." Obedience brings settled peace. I anchor my mind in God's promises, reduce noise, and rest in His protection. I end my day with Scripture and prayer rather than worry.

DAY 01 / PROVERBS 1

Life Snapshot

First Step at the Crossroads

I stood at a literal crossroads this morning—the main road to work or a side street that promised fewer lights and a faster arrival. My navigation app nudged me toward the shortcut; my inbox pinged with a message that also looked like a shortcut —"Just sign it now and we'll fix the details later." Both paths offered speed. Both asked for consent. I felt the tug to move without reflection, to trade careful integrity for quick relief. Then Proverbs 1 rose in my heart: "My son, if sinners entice thee, consent thou not." I slowed the car and my breathing. I chose the main road. I replied to the email, "I need the terms in writing before I sign."

Traffic moved slower than I liked, yet peace settled in the cabin. The sky brightened over steady lanes, and my conscience stayed clear. By midday, the client sent proper documents; the small delay guarded larger trust. I realized how wisdom often meets me not in dramatic moments but at ordinary intersections—calendar invites, text threads, checkout counters. The first step rules the journey. When I fear the LORD at the start, I set a direction that carries me through the day. At the next crossroads, I plan to begin with reverence again—and keep consenting to God.

DAY 01 / PROVERBS 1

Making It Your Own

Date _____

D Devotional Reading

Copy the key verse or verses accurately and include the reference.

_____
_____
_____

R Reflection

Record the meaning in context and the truths you need to consider.

_____
_____
_____

I Instruction

Identify the truth to believe or the conduct the passage teaches.

_____
_____
_____

N Now Live It

Write the practical response you will make and when you will begin.

_____
_____
_____

K Kneel in Prayer

Write your prayer of thanks, confession, and dependence on the Lord.

_____
_____
_____